

## **YRBS**

### **Youth Risk Behavior Survey**

The purpose of the study is to establish the reliability of data collected by the YRBS. To do that, students take an anonymous survey two times to determine if they are answering questions on the survey the same way each time. Students will be asked to fill out the YRBS questionnaire which takes about 45 minutes of class time to complete. The questionnaire will ask about behaviors related to nutrition, physical activity, injuries, violence, and tobacco, alcohol, and other drug use. It will also ask about sexual behaviors that could lead to pregnancy and sexually transmitted diseases, including HIV. Students will be asked to fill out the same questionnaire again approximately two weeks later. The second questionnaire will also take about 45 minutes of class time to complete. CDC is conducting this study to develop better questionnaires in the future. Reliable data is important because the results of the Youth Risk Behavior Survey are used by schools, districts, and the CDC to improve health-related education, policies, and programs. Participation in the survey is completely voluntary. However, it is very important that we achieve a high participation rate for the survey results to be valid.

The YRBS data collector will travel to one or two high schools within state, or in nearby states, to administer a survey to three to four classes at two points in time, each two weeks apart. Classes will be scheduled on the same day if possible. If not, additional days will be needed to return to the school. Each survey session/class period should last approximately 45 minutes. Selected classes may or may not be consecutive, so a full day at a school may be needed.

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